

Fluid-Structure Interaction Studies of Coronary Artery Disease Biomechanics

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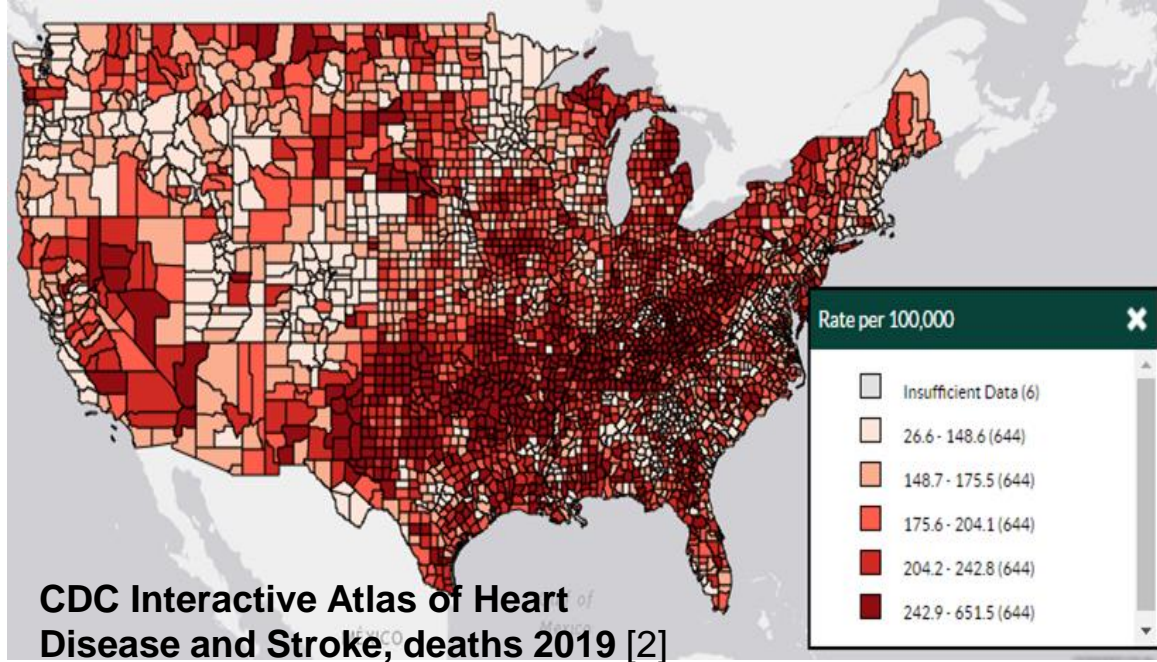
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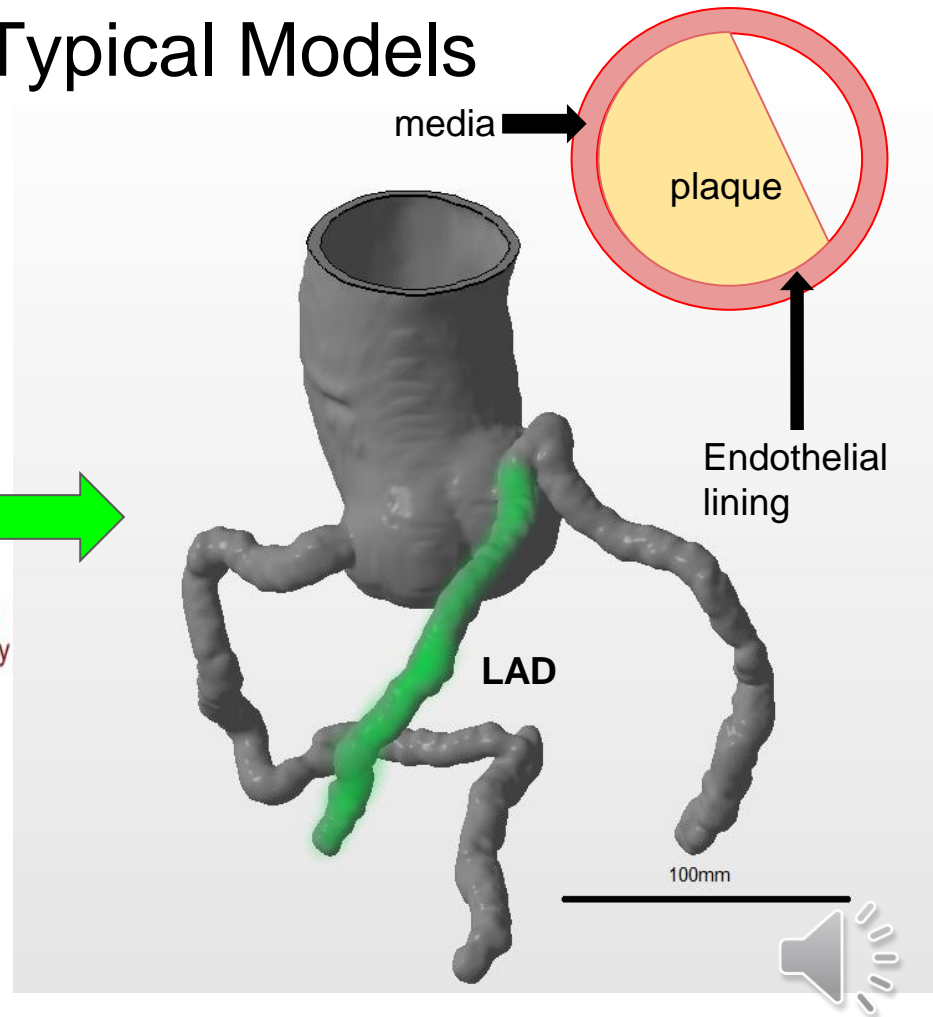
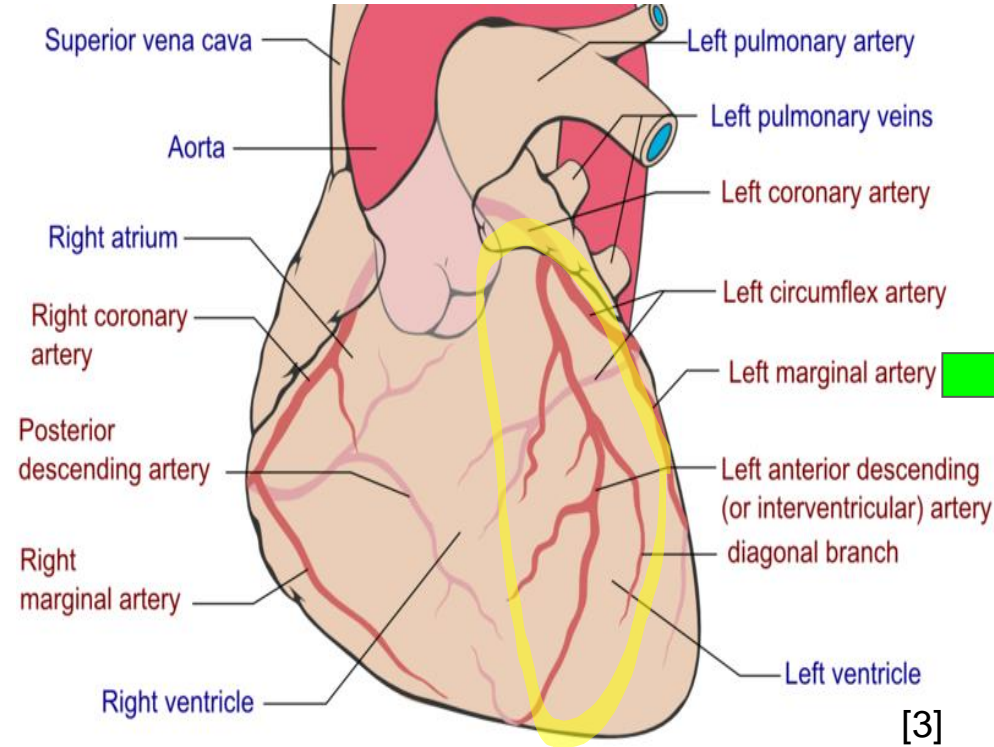
Coronary Artery Disease kills 1 in 7 in the United States

- Coronary artery disease is the most common form of heart disease[1] which can result in heart attack or other serious thrombotic events

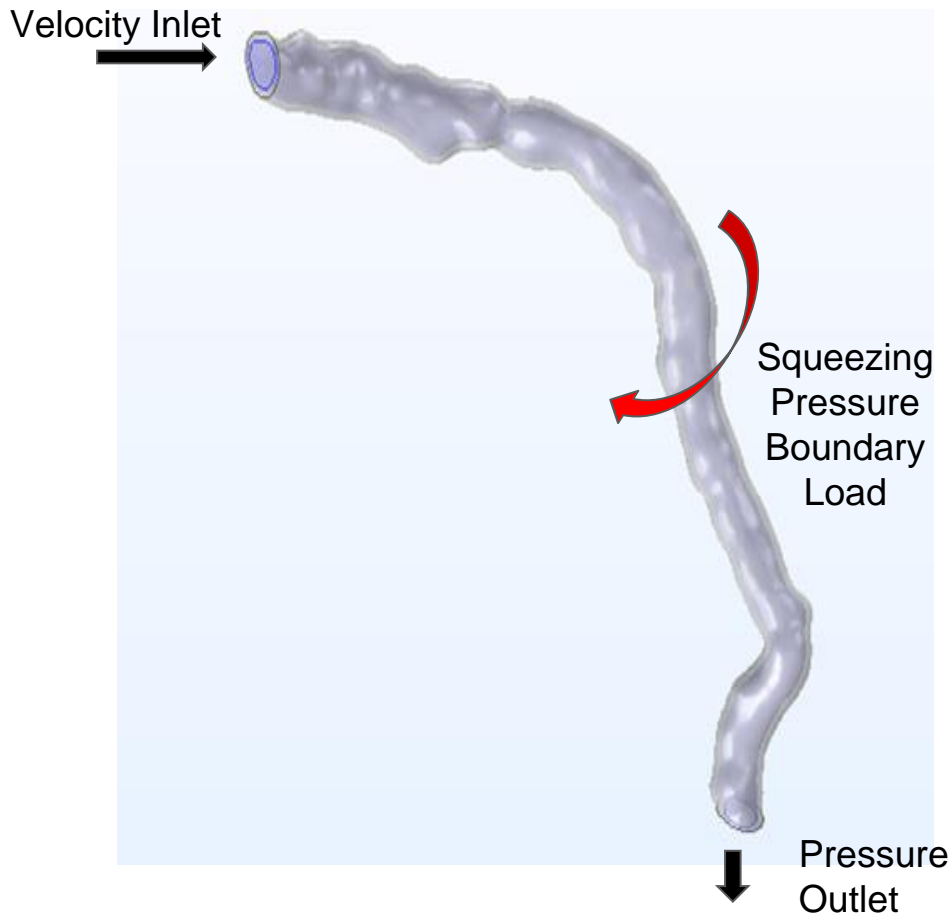


- Cells in the blood and blood vessels are known to respond to alterations of the mechanical forces of their environment
 - Wall shear stress
 - Tensile strain
- Computational Models of the coronary arteries are commonly used to estimate these parameters to evaluate disease development

Background of Typical Models



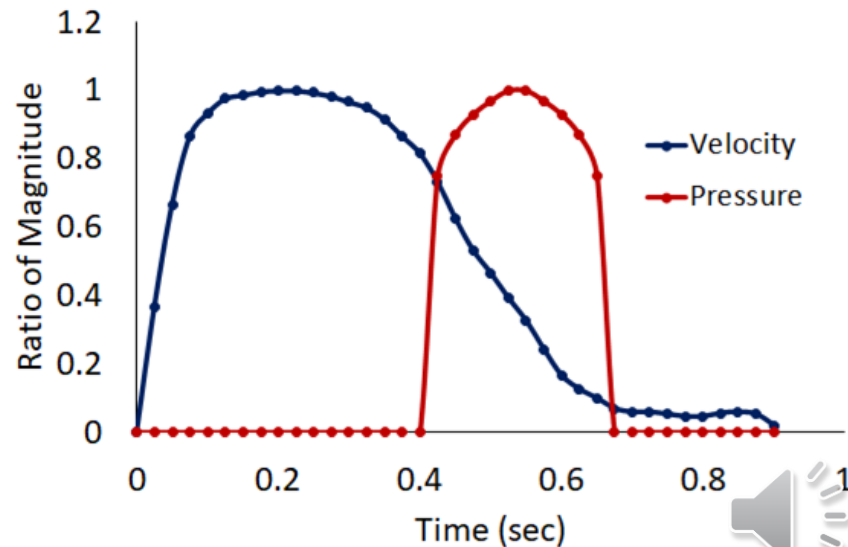
General FSI Set Up and Boundary Conditions



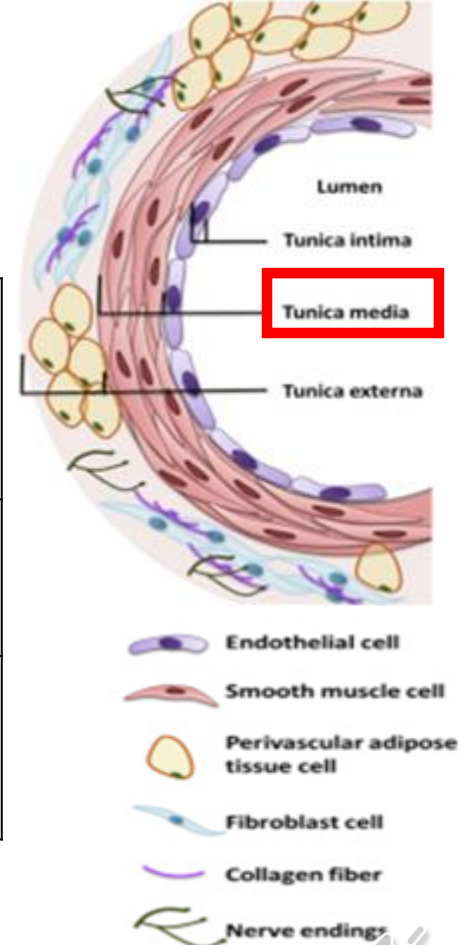
$$\rho \frac{\partial \mathbf{u}}{\partial t} - \nabla \cdot \eta (\nabla \mathbf{u} + (\nabla \mathbf{u})^T) + \rho (\mathbf{u} \cdot \nabla) \mathbf{u} + \nabla p = 0$$

$$\nabla \cdot \mathbf{u} = 0$$

Navier Stokes Equations for incompressible fluids.



Modeling the Arterial Wall Material Properties



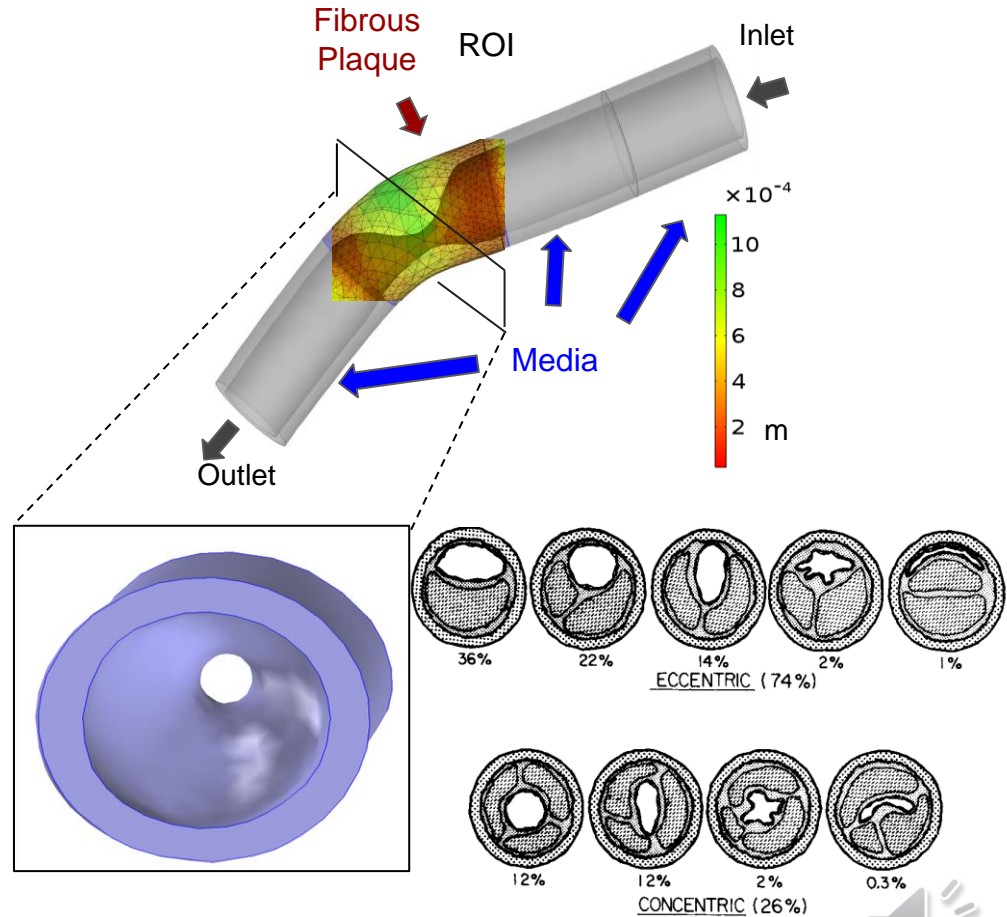
| 5-Parameter Mooney Rivlin model | C_{10} (kPa) | C_{01} (kPa) | C_{11} (kPa) | C_{20} (kPa) | C_{02} (kPa) |
|---------------------------------|----------------|----------------|----------------|----------------|----------------|
| Media | 9.26 | 3.50 | 1183.00 | 305.46 | 504.50 |
| Fibrous Plaque | 28.49 | 8.63 | 56.75 | 150.48 | 2721.00 |

Mooney Rivlin constants for LAD media layer [4]

Vascular Wall Cross section [5]

Model 1: Mesoscopic Stenosis FSI Model

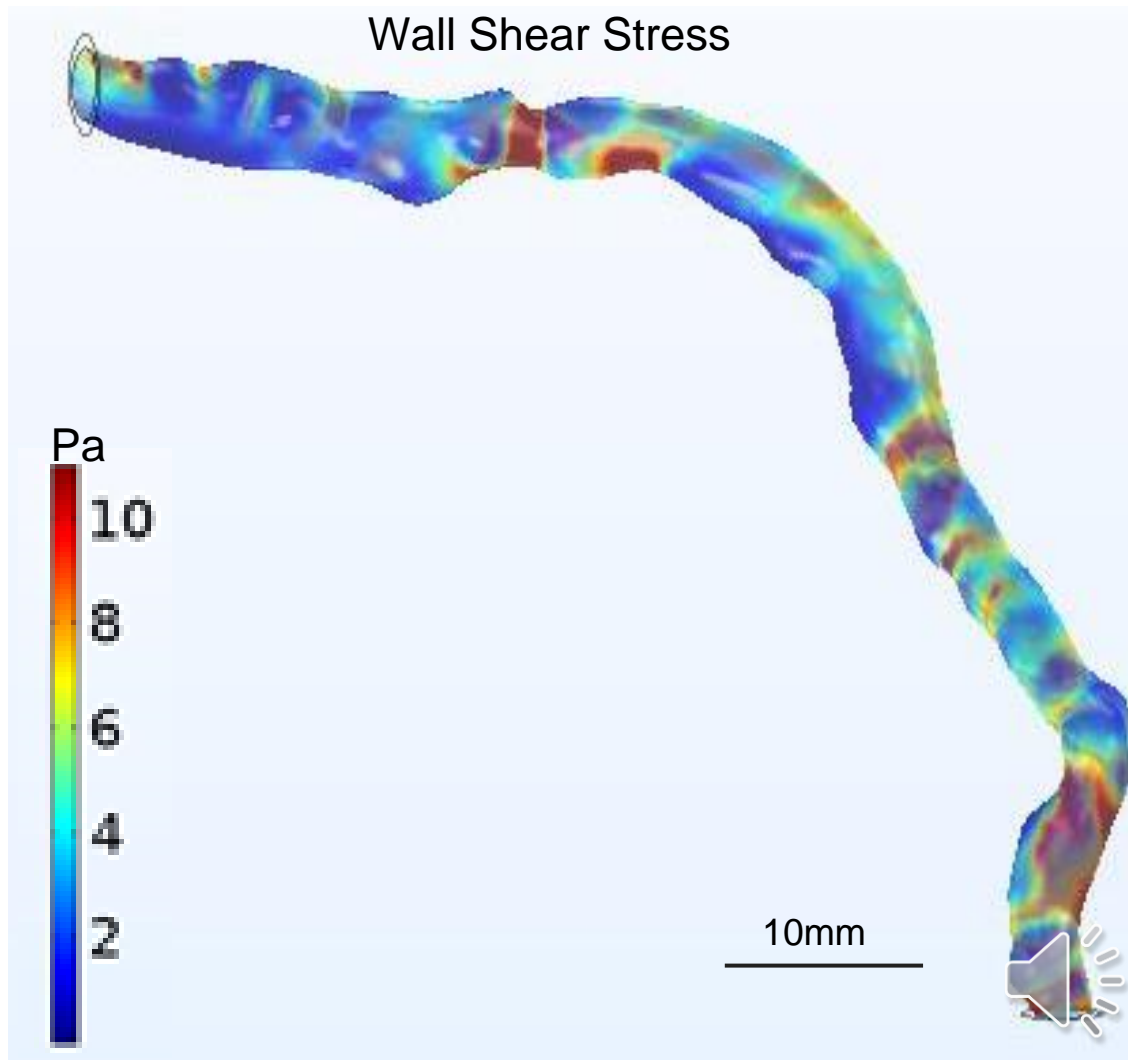
- Key Features and Improvements
 - Maximum resolution in the stenosis ROI: 26 μm ; avg resolution 56 μm .
 - Comparable to vascular endothelial cells (20-100 μm).
 - 2 materials: Media material in the healthy segments, and fibrous plaque material in the stenosis region representing increased stiffness of stenotic vessels.
 - A physiologically accurate stenosis morphology
 - 71% occlusion - severe stenosis, candidate for clinical intervention



Types of atherosclerotic lesion structures, from histological cross-sections. [6]

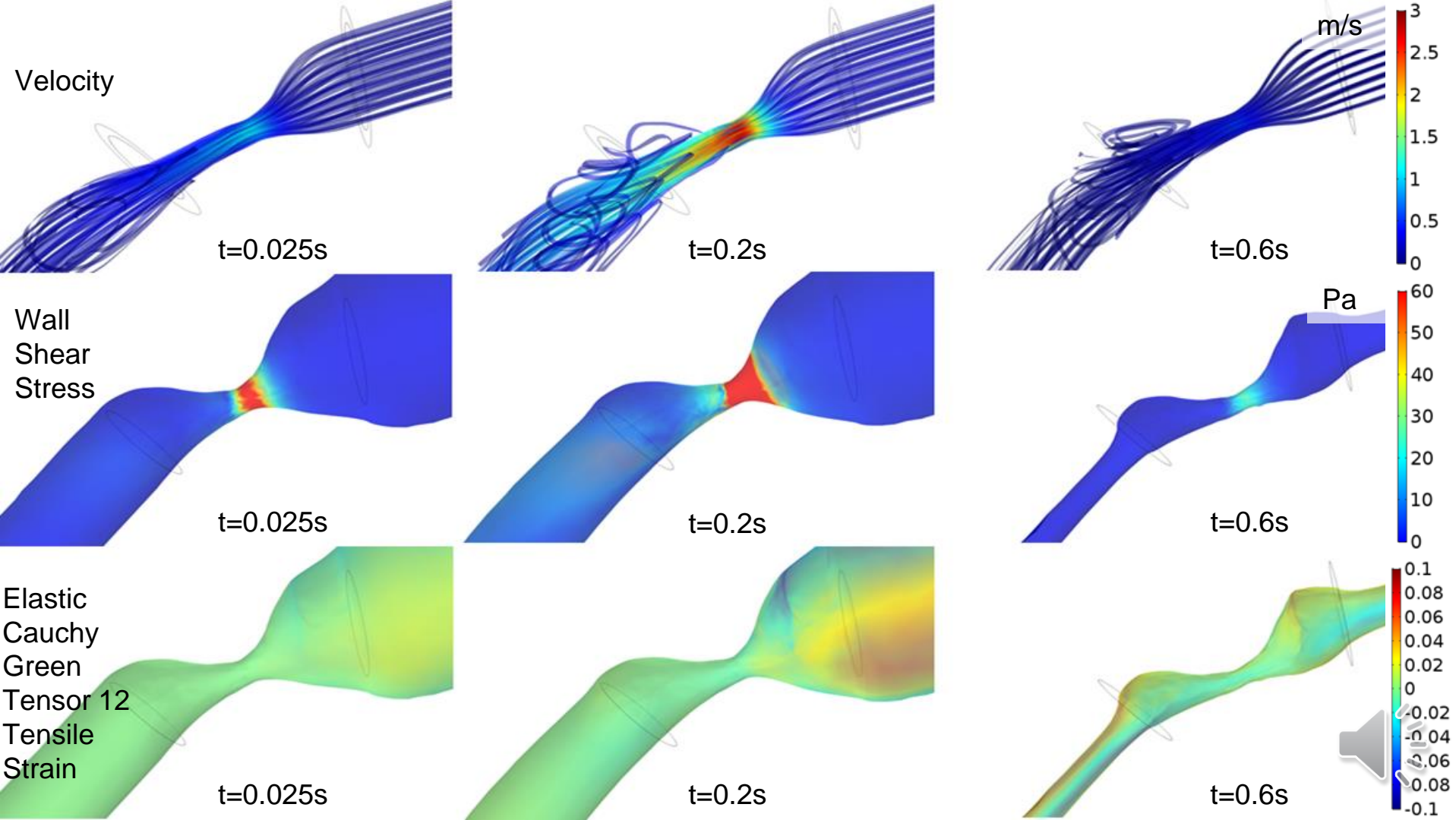
Model 2: Macroscopic Normal FSI Model

- Key Features and Improvements
 - Detailed geometry extracted from patient-specific CTA scan
 - Total length = 7.56cm with increased total volume compared to other coronary artery models
 - Average element size = 166 μ m



Model 1: Mesoscopic Stenosis Model Results





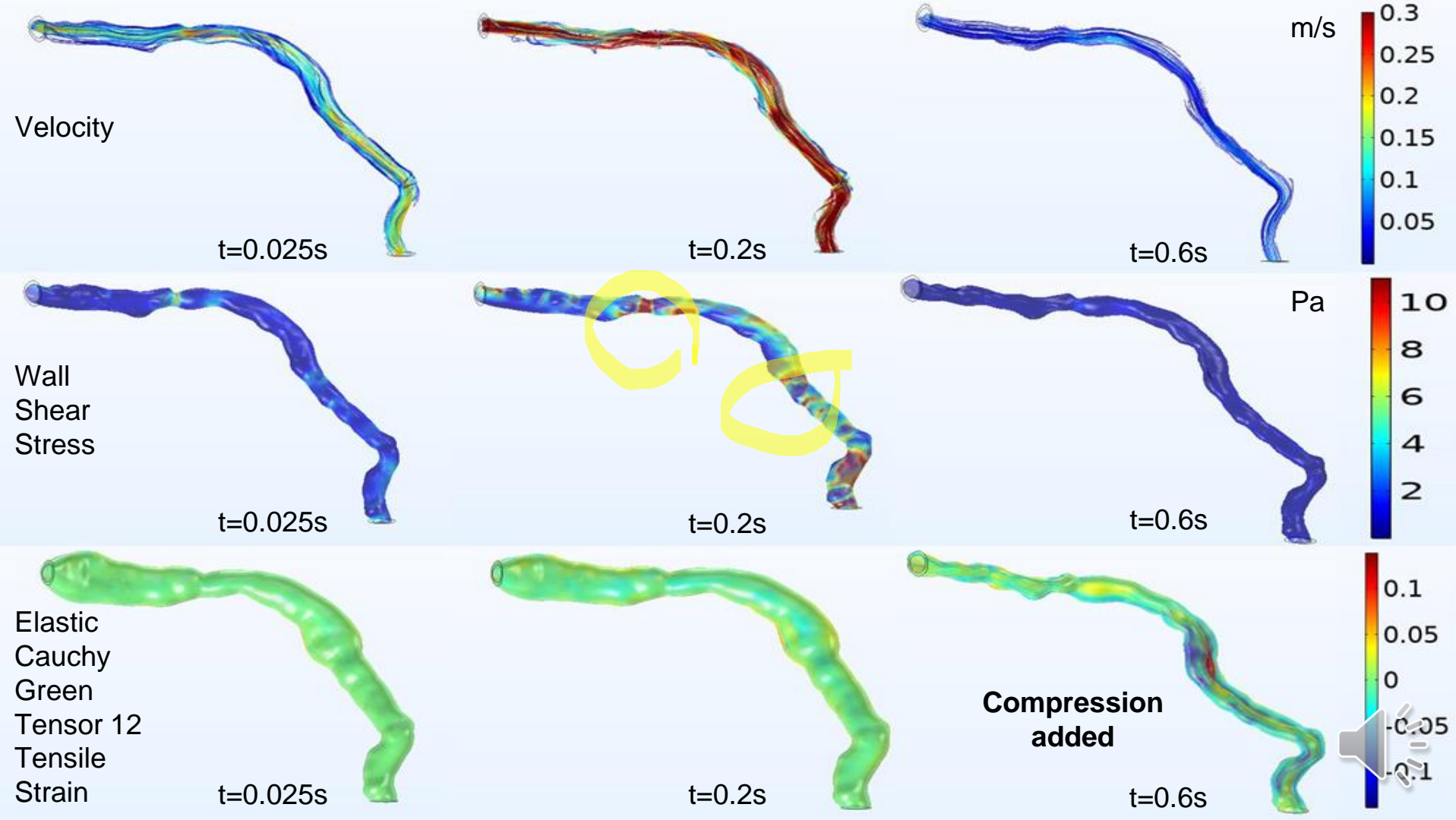
Model 1: Stenosis Model Results Cont.

| time (s) | initial velocity (m/s) | Cardiac Squeezing Pressure (kPa) | peak vel (m/s) | avg vel (m/s) | peak WSS (Pa) | average WSS (Pa) | peak tensile strain | average tensile strain |
|---------------------|---------------------------------------|---|-------------------------------|--------------------------|------------------------------|-----------------------------|--------------------------------|---------------------------------------|
| 0.025 | 0.044 | 0 | 1.1393 | 0.07941 | 82.786 | 0.8749 | 0.02841 | 0.00367 |
| 0.2 | 0.12 | 0 | 2.7834 | 0.23461 | 328.05 | 2.6736 | 0.07046 | 9.6499E-4 |
| 0.6 | 0.02 | 1.86 | 0.5756 | 0.03173 | 30.639 | 0.3422 | 0.08044 | 4.6427E-4 |



Model 2: Macroscopic Normal Model Results





Model 2: Normal Model Results Cont.

| time (s) | initial velocity (m/s) | phase | Cardiac Squeezing Pressure (kPa) | peak vel (m/s) | avg vel (m/s) | peak WSS (Pa) | average WSS (Pa) | peak tensile strain | average tensile strain |
|-----------------|-------------------------------|----------------|---|-----------------------|----------------------|----------------------|-------------------------|----------------------------|-------------------------------|
| 0.025 | 0.11 | Early diastole | 0 | 0.30552 | 0.096227 | 11.047 | 0.91334 | 0.15848 | 0.0026173 |
| 0.2 | 0.3 | Mid diastole | 0 | 0.76613 | 0.26878 | 40.544 | 2.6236 | 0.13185 | 7.68E-04 |
| 0.6 | 0.038 | Mid systole | 1kPa | 0.11924 | 0.032947 | 3.3544 | 0.30594 | 0.16379 | 0.0029325 |



Conclusions

- Successful use of 3D patient-specific geometries to perform FSI modeling in COMSOL on both macro and meso scale
- Using MR material constants from the media layer created reasonable deformations in the arterial wall during normal and stenosis conditions
 - With and without compression
- Higher than expected WSS results in stenosis model
- In normal model, fluid velocity, WSS, and tensile strain are within expected values



Future Directions

- Patient-specific 3D models can be created with patient-specific inlet and outlet pressures serving as BC's for rigorous validation
- Assessing vulnerability of plaques
- Particle tracing of platelets in the stenosis model
 - High spatial resolution intended to allow for modeling of cellular-level interactions which affect thrombosis.



Thank you!

For additional questions or comments, please contact us at:

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References

- [1] Benjamin, Emelia J., et al. "Heart disease and stroke Statistics-2019 update a report from the American Heart Association." *Circulation* (2019).
- [2] CDC Interactive Atlas of Heart Disease and Stroke, deaths 2019, <https://nccd.cdc.gov/DHDSPAtlas/?state=County>
- [3] "File:Coronary arteries.png", https://commons.wikimedia.org/wiki/File:Coronary_arteries.png
- [4] Teng et. al., "The influence of constitutive law choice used to characterise atherosclerotic tissue material properties on computing stress values in human carotid plaques", *JBioMech*, 48, pp. 3912-3921, 2015
- [5] Zhao, Yingzi, Paul M. Vanhoutte, and Susan WS Leung. "Vascular nitric oxide: Beyond eNOS." *Journal of pharmacological sciences* 129.2 (2015): 83-94.
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